

TRADITIONAL CHINESE MEDICINE THEORY:

5 ORGAN-ELEMENT INTERCONNECTIONS

| | | | | | |
|----------------------------|------------------|--------------------|----------------|--------------------|----------------|
| Element | Wood | Fire | Earth | Metal | Water |
| Yin Organ | Liver | Heart | Spleen | Lungs | Kidneys |
| Yang Organ | Gall bladder | Small intestine | Stomach | Large intestine | Bladder |
| Season | Spring | Summer | Later summer | Autumn | Winter |
| Emotion | Anger | Joy | Pensive | Sadness | Fear |
| Climate | Wind | Heat | Dampness | Dryness | Cold |
| Developmental stage | Birth | Growth | Transformation | Harvest | Storage |
| Tissues | Sinews | Vessels | Muscles | Skin | Bones |
| Sound | Shouting | Laughing | Singing | Crying | Groaning |
| Yin-Yang | Lesser yang | Utmost yang | Centre | Lesser yin | Utmost yang |
| Sense organ | Eyes | Tongue | Mouth | Nose | Ears |
| Soul aspect | Hun- ethereal | Shen-spirit | Yi-logic | Po-courage | Zhi-will |

EMMA STRAPPS
Dip shiatsu & oriental therapies

Carlow House
Suite 3 • Level 2
289 Flinders Lane
Melbourne VIC 3000
M 0421 640 492
E emmastrapps@gmail.com
W ntpages.com.au/shiatusspecialist